



BULLETIN

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Nadine from Germany



That's me!

Hallo! My name is Nadine Bier (yes, my last name means “beer”) and I am 18 years old. I come from a small town, Steinheim, near Stuttgart in the south of Germany and I have just finished school.

I have quite a big family with two uncles, two aunts and 12 cousins, but we don't meet very often. Usually, it's just my parents, my brother, my sister, my dog and me.

My father teaches Maths, History and Politics in a secondary school and my mother works at the town hall.

My brother Max is currently studying IT in his last year and my sister Tanja is still going to school.



Buffy, the cutest dog in the world!

My dog Buffy is half Newfoundlander and half Hovaward. We got her when she was a small puppy, just a few weeks old, and now she will turn five this year and has become quite big! I love to teach her tricks and we often go for long walks together with one of my friends and her dog. Like most Newfoundlanders, she loves to swim or just splash around in the water.



Me and my family

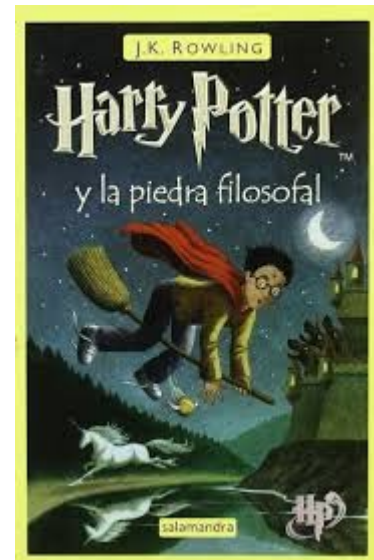
My Hobbies

One of my favorite hobbies is reading. Mostly, I read fantasy books like Lord of the Rings or Harry Potter, but I also like older authors like Jane Austen, Edgar Allen Poe or Sir Arthur Conan Doyle (that's the one who wrote Sherlock Holmes).

Four years ago I started to read not only in German, but also in English. It took me some time before I could read without a dictionary beside me, but now most of what I read is in English.

I also started to read books in Spanish two years ago, but I still find it a bit difficult so I mostly read books that I have already read before.

Because of that, I have read Harry Potter now in three different languages!



Harry Potter in Spanish

Another hobby of mine is Ju Jutsu. It is a martial art and contains elements of Judo, Karate and Eskrima (fighting with sticks). It is the German and more modern version of Jiu Jitsu which focuses more on self-defense than on attacking.

One training session usually consists of 90 minutes. The first half hour is spend with warm up and strength training, the rest is used to train the different techniques. The last 15 minutes we often have small training fights where we have to apply the techniques we learned.

The club (or “dojo”) where I train, the “Budokwai Steinheim”, is rather small but very successful in competitions. One of our members even won the German Championships last year!



My trainer, Stefan Stöhr



The logo of my dojo



Some people that I train with

Baden-Württemberg

Germany is made up of 16 different states (“Bundesländer”) and I'm from the state Baden-Württemberg in the southwest. Baden-Württemberg has ca. 10 million inhabitants (Germany as a whole has 80 Millions) and its capital is Stuttgart. We are famous for our industry, e.g. the car companies Porsche and Audi, but there are also many famous persons that were born in Baden-Württemberg, like Albert Einstein, Friedrich Schiller or Hermann Hesse.



Baden-Württemberg

The people here are famous for their Swabian dialect and we even have the motto “Wir können alles. Außer Hochdeutsch.” - we can do anything. Except speaking standard German.

In the very south of Baden-Württemberg there is Lake Constance. The biggest part of it belongs to Germany, but there are also parts that belong to Austria and to Switzerland. The place where the borders of these three nations meet is called “Dreiländereck” - corner of three countries.

In German, Lake Constance is called “Bodensee” and most people probably wouldn't know what you are talking about, if you used the English name. “Lake Constance” comes from the city “Konstanz”, the biggest city at Lake Constance.



The emblem of Baden-Württemberg



Konstanz



"Maultaschen", a traditional Swabian dish

Steinheim an der Murr



Emblem of Steinheim

My hometown is called Steinheim which literally translates into “Stonehome”.

It is a rather small town with ca. 10 000 inhabitants and it is very old. Steinheim started as a small Roman village nearly 2000 years ago and it first gets mentioned in an official record in the year 832. In the Middle Ages there was a monastery in Steinheim that was rather important, but it got burned down in the 17th century.

Steinheim is actually a bit famous, despite its small size, because in 1933 they found the skull of a woman from the Stone Age there. The so-called “Homo Steinheimensis” is the third-oldest discovery from the Stone Age in the whole of Europe.

Later, they even found the skeleton of a Mammoth.



Town Hall of Steinheim



Homo Steinheimensis



The library



The mammoth



Erasmus+